

Massachusetts Laborers' Recovery Program



Effective October 1, 2018

The Trustees of The Massachusetts Laborers' Health and Welfare Fund are pleased to introduce a comprehensive program, including Medication-Assisted Treatment and Peer Recovery Support, to assist members and their families with Substance Abuse issues.

Laborers' Recovery Specialists

Help is available 24/7! The Fund will have dedicated Peer Recovery Support Specialists available to help you and your family on the road to recovery. They are Laborers that have made the journey from illness to wellness, and now want to help others. The Recovery Specialists will serve as guides to initiate, achieve and sustain long-term recovery from addiction including medication assisted, faith based, 12 step and other pathways to recovery. Recovery coaches provide connections in navigating recovery supportive systems and resources. You can reach a Recovery Specialist at **781-345-4131**.

- ✓ Need help locating treatment? – Help is here!
- ✓ Need help for a coworker or family member? – Help is here!
- ✓ Need someone to locate or establish a meeting? - Help is here!
- ✓ Need someone just to listen and understand – Help is here!
- ✓ Participation is always confidential!

Medication Assisted Treatment

The Fund will cover Medication Assisted Treatment (MAT) utilizing Buprenorphine/Naloxone (Suboxone). The Fund's Program places emphasis on the treatment portion of MAT. Coverage will not be allowed for Medication **as** treatment.

What members need to know:

- ✓ You may fill up to a 60-day supply per lifetime without an authorization.
- ✓ The maximum daily dosage allowed is 16mg.
- ✓ You must be participating in sessions with a licensed counselor to obtain authorization*.
- ✓ You must contact the Member Assistance Program, e4 Healthcare, at 1-800-522-6763 to obtain authorization prior to filling a script after the initial 60 days.
- ✓ A new authorization must be obtained for every 30-day prescription.
- ✓ Your prescription must be written by a provider that follows program rules, such as random drug testing, film counts and taper trials. If your provider does not comply, you will be directed to another prescriber.
- ✓ A Laborers' Recovery Specialist will reach out to you to assist you on your path to wellness.

*Contact the Fund office at 1-800-342-3792 for additional guidance on the number of counseling sessions required for authorization